



PARENT RESOURCES

PARENTING

- *"The Phase Guide Series"* by Parent Cue
- *"The Intentional Father: A Practical Guide to Raise Sons of Courage and Character"* by John Tyson
- *"The Man the Moment Demands: Master the 10 Characteristics of the Comprehensive Man"* by Jason Wilson
- *"Good Inside: A Guide to Becoming the Parent You Want to Be"* by Dr Beck Kennedy
- *"Boundaries with Teens: When to Say Yes, How to Say No"* by Dr. John Townsend
- *"Raising Passionate Jesus Followers: The Power of Intentional Parenting"* by Phil and Diane Comer
- *"Dad Tired and Loving It: Stumbling Your Way to Spiritual Leadership"* by Jerrad Lopes
- *"The Grown-Ups Guide to Teenage Humans: How to Decode Their Behavior, Develop Unshakable Trust, and Raise a Respectable Adult"* by Josh Shipp
- *"Intentional Parents"* podcast
- *"Parenting: Getting It Right"* by Andy and Sandra Stanley
- *"Fathering Like the Father"* by Kenneth Gangel and Jeffrey Gangel
- *"The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults"* by Frances Jensen and Amy Ellis Nutt
- *"Growing With: Every Parent's Guide to Helping Teenagers and Young Adults Thrive in Their Faith, Family, and Future"* by Kara Powell and Steven Argue
- *"It's Just a Phase - So Don't Miss It: Why Every Life Stage of a Kid Matters and at Least 13 Things Your Church Should Do About It"* by Kristen Ivy

AXIS PARENTING GUIDES

- [Kicking Off the Sex Talk](#)
- [LGBTQ +](#)
- [Body Image](#)
- [Bullying](#)
- [Talking About Porn](#)
- [Teen Dating](#)
- [Teens and Alcohol](#)
- [Sexual Assault](#)
- [A Struggling Teen](#)
- [Gun Violence](#)
- [Grief](#)
- [Talking About Politics](#)
- [Anxiety](#)
- [Racism in the United States](#)
- [Senior Year](#)



SAFETY + ABUSE PREVENTION *(difficult content warning - read with caution!)*

- *"On Guard: Preventing and Responding to Child Abuse at Church"* by Deepak Reju
- *"Something's Not Right: Decoding the Hidden Tactics of Abuse--and Freeing Yourself from Its Power"* by Wade Mullen
- *"The Gift of Fear: And Other Survival Signals That Protect Us"* by Gavin De Becker
- *"A Church Called Tov: Forming a Goodness Culture That Resists Abuses of Power and Promotes Healing"* by Scot McKnight and Laura Barringer
- *"Predators"* by Anna Salter
- [Parent guides](#) to talking about human trafficking from A21

DATING, SEX, SEXUALITY, + GENDER

- *"She Deserves Better: Raising Girls to Resist Toxic Teachings on Sex, Self, and Speaking Up"* by Sheila Wray Gregoire
- *"Embodied: Transgender Identities, the Church, and What the Bible Has to Say"* by Preston Sprinkle
- *"Is God anti-gay?: and other questions about homosexuality, the Bible and same-sex attraction"* by Sam Allberry
- Christian Sexuality course christian-sexuality.com
- [The Center for Faith, Sexuality, and Gender](#)

TECH

- *"The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place"* by Andy Crouch
- *"Parenting in a Tech World: A handbook for raising kids in the digital age"* by Matt McKee and Titania Jordan
- ["A Parent's Guide To Manifesting"](#) by Axis

MENTAL HEALTH

- *"Seen: Healing Despair and Anxiety in Kids and Teens Through the Power of Connection"* by Will Hutcherson and Chinwe Williams
- *"Raising Worry-Free Girls: Helping Your Daughter Feel Braver, Stronger, and Smarter in an Anxious World"* by Sissy Goff
- *"Raising Emotionally Strong Boys: Tools Your Son Can Build On for Life"* by David Thomas
- *"The Worry-Free Parent: Living in Confidence So Your Kids Can Too"* by Sissy Goff
- *"Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls"* by Lisa Damour
- *"Suffering and the Heart of God: How Trauma Destroys and Christ Restores"* by Diane Langberg



THEOLOGY

- *"Distant God: Why He Feels Far Away...And What We Can Do About It"* by Chris Nye
- *"Holier Than Thou: How God's Holiness Helps Us Trust Him"* by Jackie Hill Perry
- *"Counterfeit Gods: The Empty Promises of Money, Sex, and Power, and the Only Hope that Matters"* by Tim Keller
- *"In His Image: 10 Ways God Calls Us to Reflect His Character"* by Jen Wilkin
- *"10 Questions Every Teen Should Ask (and Answer) about Christianity"* by Rebecca McLaughlin
- *"All That's Good: Recovering the Lost Art of Discernment"* by Hannah Anderson
- *"Practicing the Way"* by John Mark Comer
- *"Jesus the King"* by Timothy Keller
- *"God Has a Name"* by John Mark Comer
- *"A Shepherd Looks at Psalm 23"* by W. Phillip Keller

DATING, SEX, SEXUALITY, + GENDER

- *"The Death of Porn: Men of Integrity Building a World of Nobility"* by Ray Ortlund
- *"Single, Dating, Engaged, Married: Navigating Life and Love in the Modern Age"* by Ben Stuart
- *"Embodied: Transgender Identities, the Church, and What the Bible Has to Say"* by Preston Sprinkle
- *"7 Myths About Singleness"* by Sam Allberry
- *"Gay Girl, Good God: The Story of Who I Was, and Who God Has Always Been"* by Jackie Hill Perry

PAIN + SUFFERING

- *"We Go On: Finding Purpose in All of Life's Sorrows and Joys"* by John Onwuekekwu
- *"Gentle and Lowly: The Heart of Christ for Sinners and Sufferers"* by Dane Ortlund

BODY IMAGE

- *"Breaking Free from Body Shame: Dare to Reclaim What God Has Named Good"* by Jess Connolly

MENTAL HEALTH

- *"Beyond the Spiral"* by Will Hutcherson and Chinwe Williams
- *"Brave: A Teen Girl's Guide to Beating Worry and Anxiety"* by Sissy Goff

DEVOTIONALS

- *"Truthfilled"* by Ruth Chou Simons



- *“Live in Light: 5-Minute Devotions for Teen Girls”* by Melanie Redd
- *“Jude: Contending for the Faith in Today's Culture”* by Jackie Hill Perry