

## Small Group Curriculum • 1 John • Hello, Life.

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### **Filtering The Noise • WEEK 6 • 1John 4:1-6**

This world is filled with many voices and sounds. It's difficult if not impossible to decipher the truth in a life filled with notifications, messages, reels, Tiktoks, political and social unrest, screaming children and in-laws and disappointed parents. All of the things that do not align with the truth of scripture we can summarize as noise. We must be able to find ways to filter out the noise so that the noise does not distract us or become the center of our lives.

### **REMINDERS**

Are you looking for a place to serve? Please consider joining our Space Team helping once a month with Saturday or Sunday morning setup or Sunday afternoon tear down. To find out more, email Space Director, Layth Haddad at [layth@awakeningchurch.com](mailto:layth@awakeningchurch.com).

### **ICEBREAKER**

Most people love a good concert. What is the first, last concert or best concert you went to? Describe the experience.

### **INTRODUCTION**

Humanity has been made in the image of God, and He has given us rich physical, mental and spiritual capacities to go about life. Each of us has been created with a divine will and purpose (Jer 29:11, John 14:6) that God has foreknown from before the beginning of time. Yet we do not live in this reality. We are clouded by a world filled with sin and chaos and pain which for the sake of understanding can be summed up in the idea of noise. Noise is the distortion of the life that The Creator of the Universe has set before us. This noise can create an inability to focus on the path He has so lovingly set before us or be so enticing itself that we can chase after the noise itself. As bearers of the image of God it is up to each of us to use all the facets of our being to delve deep into life's great mysteries and discover whether our doubts and questions have tangible cause for unbelief, or if all that we see, smell, taste, hear and feel really does come back to glorify God.

### **DISCUSSION**

READ: 1 John 4:1-6

- What noises are most prominent in your life right now? (work, news, politics, social media, etc.)
- Ryan mentioned in his message how blind faith was akin to unfaith and not actually indicative of living a life following after Christ. Are there any questions that you haven't really had adequately answered that cause you some level of doubt? If so, what are they?

# A W A K E N I N G

- Reminder: doubt or questions should never be looked down on or lead to condemnation from others. We should always join together to seek deeper truth revealed in the Holy Spirit. (James 1:2-8)
- There are many external stimuli that cause noise in our lives, but we also have our own internal voice that can create noise. What noise does your internal voice create for you? Are there lies from the enemy that are rooted in shame or failure that you need help silencing?
- Generational bondage is a real issue that can create some serious noise. Share, if you are comfortable, if there are family traditions or standards that you have inherited which are really noise in your life? What doesn't sit right in your spirit that you need some wisdom about?

## **RESPONSE**

- Part of the battle is identifying the noises in our life. Sometimes they are so consistent that they seem to be a part of our lives rather than a barrier keeping us from actually living life. Now that we've identified some of the noises from the above questions, what are some things you can do this week to gain freedom from the noise?

## **PRAYER**

Go around and share what you need prayer for concerning the noise in your life or other things we haven't mentioned. Don't forget to give praise and thanks for what God has done/ is doing in your life too!

### **Closing prayer:**

God in heaven you have made all that we see and hear and feel with your very words. Your glory knows no limits and your love is just the same. Would you be with us as we tune our senses to the voice that spoke everything into creation. You are the voice of truth and we desperately need your guidance and wisdom as we pursue your will. God, would you quiet the storms and noises in our life that we might live free of the bondage that entangles us. Be with us Lord, you are our very source of hope and joy.